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Primary Level (1st to 5th)

Class Level	Life Skill Topics
1st & 2nd Std	Good Touch & Bad Touch, Hygiene, Sharing, Identifying Emotions
3rd Std 4th	Daily Routine, Respect, Environment Awareness
Std 5th Std	Time Management, Teamwork, Healthy Food, Positive Thinking
	Bullying Awareness, Safety Rules, Goal Setting, Empathy

Middle School (6th to 8th)

Class Level	Life Skill Topics
6th Std 7th	Good Friends vs Bad Friends, Smart Study Habits, Self-Discipline Peer Pressure, Communication, Self-Esteem, Fitness
Std 8th Std	Importance Problem Solving, Anger Management, Digital Habits, Saving Habits

High School (9th to 10th)

Class Level	Life Skill Topics
9th Std	Study Skills, Career Awareness, Social Media Responsibility
10th Std	Exam Stress, Goal Planning, Leadership, Positive Mindset

Higher Secondary (11th & 12th)

Class Level	Life Skill Topics
11th Std	Decision Making, Personality Development, Handling Relationships
12th Std	Career Planning, Public Speaking, Body Language, Stress Control

College (UG & PG Students)

Year Level	Life Skill Topics
1st Year	College Adaptation, Time Management, Budgeting, Teamwork
2nd Year	Resume Building, Presentation Skills, Personal Ethics
3rd Year	Interview Skills, Professional Communication, Career Transition
PG Students	Leadership, Project Management, Research Skills, Networking

POSCO Act, Suicide Prevention, Come out of Addiction, Overcoming Distraction, Saving Resources & Resources Properly